

SECTION 7

The Seventh Practice: Build Your Team

Who can support you?

The seventh practice of personal leadership is *building your team*. In business, leadership involves putting together the right team to complete the work. For leaders, building a team means finding the right people to support their growth. Building a personal support team brings you the insight you need to expand and stretch in new ways - not because you cannot do things for yourself but because you can do more with the help of others.